

Dr Allie Mohamed

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PATIENT INSRUCTIONS FOLLOWING SURGICAL REMOVAL OF TEETH.

CONDITIONS TO BE EXPECTED

Pain

Pain and discomfort usually peaks when sensation returns.
Take pain control medication as directed.

Bleeding

Bleeding and oozing is expected for the first 24 hours.
Bite on gauze as the pressure will control bleeding.
Do not place the gauze into the socket.

Swelling

Swelling expected especially 24 hours after surgery.
Apply ice packs to the face overlying the surgical sites.
Exercise the jaw with opening and closing movements.

Surgery of teeth close to sinuses

Do not cover your nose when you sneeze
Do not blow your nose,
Do not drink thick drinks (milkshakes and smoothies) with straws, drink from glass.

Things to do

Take all medication as directed.
Sleep with your head elevated.
This may reduce/control swelling.
Continue oral hygiene measures.
Use mouthwash after the first 24 hours.
Eat soft (solid) foods and drink non-alcoholic liquids. This will prevent dehydration.

Things to avoid

Avoid injuring the site with coarse foods.
Do not suck on the extraction site.
Do not smoke.
Do not drink alcohol.

**IN THE EVENT YOU FEEL THAT YOU ARE EXPERIENCING PROBLEMS BEYOND THE EXPECTED,
PLEASE CALL OUR ROOMS.**

Dr.Mohamed and staff wish you a speedy recovery!